



## Intent

At Thorndon Primary school, we believe that all children are individuals and should become independent, confident, healthy and responsible members of society. Our PSHE provision helps them to understand how they develop personally and socially, and have confidence to tackle spiritual, moral, social and cultural issues that are part of growing up. We encourage mutual respect and responsibility and foster self-esteem in a happy and caring atmosphere. Our children will learn about rights and responsibilities and appreciate what it means to be a member of a diverse and multicultural society. Our children develop the qualities and attributes needed to thrive as individuals, family members and members of society and play a positive role in contributing to school life and the wider community.

## Implementation

PSHE is delivered mainly through the Jigsaw PSHE scheme of work across the school from Reception to Year 6 through weekly sessions led by teachers and teaching assistants with the direct aim being to develop the 'whole child'. Each class participates in the same puzzle at the same time which is planned and resourced so that each class works at its own level. The puzzles work in sequence and develop throughout each academic year.

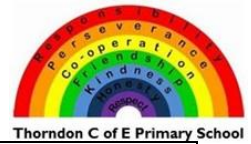
All lessons include time for mindfulness activities where children practise breathing and focus as well as developing their knowledge, skills and understanding in the 6 jigsaw puzzles, these being:

1. Being Me In My World
2. Celebrating Difference
3. Dreams and Goals
4. Healthy Me
5. Relationships
6. Changing Me

Assessment in PSHE is based on children's ability to engage with the material in each of the puzzles at the appropriate level. At the end of each puzzle staff identify pupils who have not been able to do so or have done so in a way beyond expectation.

## Impact

We know PSHE is impactful when children demonstrate an awareness of themselves, interlinked with compassion for others. They have a willingness and ability to try new things, challenge themselves and persevere. Children have a good understanding of how to stay safe and healthy and understand the part they play in the relationships they have. Children have a good understanding of mental health and how they can have a positive impact on others and the world around them.



Work and discussions are recorded in class scrap books and assessments are carried out during the lesson and through pupil voice questionnaires. At the end of each topic there is a quiz to check the knowledge and skills learnt.